

Home Going Instructions After Orthopaedic Surgery



PRECAUTIONS

- Pain medications may cause dizziness or drowsiness.
- Pain medications may cause constipation (you may need to take a laxative while taking pain medications).
- Call your doctor if you have severe pain and/or nausea or vomiting, shortness of breath, or a rash after taking the prescribed medication.

INCISION CARE

- You will receive instructions regarding incision or wound care from your physician or nurse.

Exercise as instructed by the therapist

SIGNS AND SYMPTOMS OF INFECTIONS

- Fever
- Chills
- Increased or unrelieved pain
- Increased redness, swelling or drainage from your incision
- Red streaks around your incision

If you have any of these symptoms, call your doctor.

SIGNS AND SYMPTOMS OF A BLOOD CLOT

- Calf Pain
- Shortness of breath
- Chest pain
- New or increased leg swelling

A blood clot can be dangerous. If you have any of these symptoms, call your doctor or 911 immediately.

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